
CRISTIN MORTENSON TILLINGHAST, MFA, MA, BM

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With over 30 years of experience in directing, musical theatre, and education, including Broadway, film, television, and commercials, I am a strong advocate for Intimacy Coordination. I also promote a passion for Theatre History, Script Analysis, and Dramaturgy. I am committed to upholding professional standards in stagecraft to support holistic growth in the industry and to help students express their authenticity.

Professional Experience

Southern Utah University **08/24 - Present**
Associate Professor, Department of Theatre, Dance, and Music

- Voice Technique for Musical Theatre and BFA Programs
- Instruct on Stanislavski and Polyvagal Awareness analysis for songs and character development
- Successfully coach audition techniques with 80% callback rate
- Choose dynamic repertoire to ensure successful auditions

St. George Musical Theatre **08/24 - Present**
Show Director

- Directed ANYTHING GOES at SG Opera House -rave reviews
- Director Southern Utah Debut of BONNIE AND CLYDE at The PAC
- Elevated the level of performance and rehearsal practices to a more professional standard
- Introduced and implemented Boundary Awareness documentation at auditions and callbacks
- Introduced and implemented Active Analysis, Boundary Practice, Intimacy Coordination, TIE and IDC in rehearsals
- Implemented the use of Pre-Production Analysis to inform all Departments, thereby saving time.

CMT Voice Studio **01/02 - Present**
Owner

- Professional & Pre-professional Voice Instruction
- 95% callback and booking rate
- Coaching scenes, monologues, and acting for song
- Instruct in Italian, French, German, and Latin

University of Utah **01/16 - 05/21**
Associate Professor, Voice Faculty Department of Theatre

- Voice Teacher for BFA Program
- Facilitate and conduct 6-9 Master Classes on vocal production, song structure, and acting for stage
- Instruct using Stanislavski on scene and character analysis
- Instruct on Audition Techniques with 85% callback rate.
- Direct senior recitals and choose repertoire

Cornish College of the Arts
Master Class Instructor

04/15 - 04/15

- Lectured on Professional Audition techniques
- Demonstrated Bel Canto technique for singers of all genres
- Instructed on choosing repertoire and successful performance techniques
- Equip students with valuable survival tools for the industry.

PROFESSIONAL THEATER EXPERIENCE – QUICK HIGHLIGHTS

01/93 - 07/15

- BROADWAY:
BY JEEVES – Stiffy (Cover) Dir. Alan Ayckbourn (2001)
- NATIONAL TOUR:
THE PHANTOM OF THE OPERA – Christine – Dir. Harold Prince (1993-1996)
- REGIONAL:
THE SOUND OF MUSIC Maria Sacramento Music Circus
INTO THE WOODS Cinderella BC/EFA Equity Benefit, NYC
OKLAHOMA! Laurey North Carolina Th., w/ Rue McClanahan
THE KING AND I Miss Anna Torrington Opera House
- TV/FILM:
BOSTON LEGAL – CoStar – ABC
THE BOLD AND THE BEAUTIFUL – Ann Douglas – CBS

Education

University of Idaho
MFA - Directing

12/25

- 4.0 G.P.A., Directing, TIE and IDC Intimacy Coordination, Gender Studies and Diversity in Theater, Stanislavski Method

Regent University
MA - Theatre

05/21

- 4.0 G.P.A., Directing, Musical Theater, Dramaturgy, Script Analysis, Playwrighting, Musical Theatre History, Theatre Aesthetics and Culture

San Francisco Conservatory of Music
BM - Opera

05/93

- 3.8 G.P.A., Vocal Pedagogy, Performance, Music Theory, French, Italian, German

Key Skills

- Motivation
- Organization
- Budgeting
- Efficacious in disseminating academic subjects
- Create environments conducive to growth, respect, and fun

Professional Organizations and Awards

- AEA/SAG/NATS
- 2021 OUTSTANDING MASTER'S GRADUATE – REGENT UNIVERSITY
- 2009 OUTSTANDING ALUMNI AWARD – CONTRIBUTION TO THEATRE – COLLEGE OF THE DESERT
- 1998 WINTERFEST SPOTLIGHT AWARD – 1ST PLACE, INAUGURAL YEAR – LOS ANGELES MUSIC CENTER
- 11x IRONMAN TRIATHLON FINISHER
- 15+ MARATHON FINISHER, including NYC, LA, SG

Interests

- Running, Health, Fitness, Cycling

References

Available Upon Request