

Language skills: *Fluent in spoken and written Spanish (including medical terminology).*

OBJECTIVE: Continue to grow as a professional while using my current skills to benefit my patients.

EDUCATION

2005. M.S. in Occupational Therapy, Colorado State University; Fort Collins, CO.

2001. B.A. with majors in Spanish and History, Phi Beta Kappa, Colorado State University, Fort Collins, CO.

WORK EXPERIENCE

- May 2019 – Present Occupational Therapist, Family Health West Pediatric Rehabilitation, Fruita, CO
- Evaluate and treat patients between the ages of 12 months to 23 years old
 - Most common diagnoses included: Autism, ADHD, Sensory Processing Disorder, Down Syndrome, Genetic Conditions, Pediatric Feeding Disorder, Global Developmental Delay, CVA, Traumatic Brain Injury, and Seizure Disorders.
 - Safety Care Trained: Certified in Safety Care techniques (ranging from de-escalation strategies to physical holds) to assist in managing behaviors in a manner that is safe for both the patient and staff.
 - Member of the Autism Testing Team: Responsible for completing comprehensive, multidisciplinary evaluations including assessment using the ADOS-2, writing up a professional report, and delivering the results to patients, families, and physicians.
 - Frequent presenter at weekly in-services (dates and topics can be provided upon request)
- May 2007 – May 2019 Inpatient Occupational Therapist, St. Mary's Hospital Grand Junction, CO
- Evaluate and treat inpatients throughout the hospital on all floors
 - Most common diagnoses included: CVA, TBI, multi-trauma, cardiac, & orthopedic surgeries
 - Charge Therapist: assigning workloads for the department and communication with other disciplines
 - Member of the following committees: Acute Care Self-Management Council & Process Improvement Committee
 - Super-user for: Stratus Interpreter System & Dynavision
 - Therapy department liaison to the Communication Barriers Committee (Translation & Interpretation Services)
 - Certified in the use of Frequency Specific Microcurrent
- Nov 2017-Feb 2019 Occupational Therapist, Mesa County Developmental Services
- Provide direct OT services as part of the Early Intervention (Birth - 3 years old) Program
 - Evaluate patients, provide training to parents/caregivers, and provide OT treatment to children in the areas of movement, feeding, and play.
- Nov 2010 - Dec 2013 Home Health Occupational Therapist, Interim Healthcare, Grand Junction, CO
- Performed home evaluations and evaluated & treated patients in their homes
 - Most common diagnoses included: CVA, FTT, orthopedic injuries, & general geriatric health decline
- Dec 2006 - May 2007 Outpatient Occupational Therapist, Colorado Neurological Institute, Englewood, CO
- Worked under the Spaulding Stroke Grant providing OT to patients who were un-insured or under-insured. All patients were stroke survivors and varied in age from 10-65.
 - Evaluated 1-3 patients/week and treated 4-8 patients/day.
- Jan 2006 - May 2007 Occupational Therapist, North Star Neuroscience, Englewood, CO
- Worked as a standardized therapist for Everest Study, investigating the efficacy of a new medical device designed to improve upper extremity function after stroke.
 - Received 40 hours of training at the Rehabilitation Institute of Chicago and treated study patients 3 hours/day, 3 days/ week.
- June 2006 - Sept 2006 Outpatient Occupational Therapist, Providence Hospital, Anchorage AK

- Performed and dictated 2-5 evaluations/week and treated 6-10 patients/day
- Most common diagnoses included: CVA, TBI, Parkinson's Disease, and MS

Feb 2006 - May 2006 Inpatient and Home Health Occupational Therapist, Ketchikan General Hospital, Ketchikan, AK

- Split day between inpatient and home health departments
- Performed 2-5 evaluations/week and treated 4-10 patients/day
- Most common diagnoses included: CVA, TBI, PD, MS, & orthopedic surgeries

ADDITIONAL TRAINING

March 2025 Safety Care Recertification, Vail Health (Initially certified in 2019, completed yearly recertification since that time)

- Trained in Safety Care behavior intervention strategies including de-escalation strategies and physical management strategies (including releases and holds).
- 1.5 contact hours / part, 6 contact hours in total

March 2025 Bal-A-Vis-X 2-day Training; Integrated States Inc.

- Trained in ball and sand bag exercises to promote integration of balance, auditory processing, and visual processing.
- Implemented exercises with several patients including 2 adults post-CVA and 2 children with executive dysfunction.
- 17 contact hours

March 2025 Improving ADHD Through Reflex Integration Strategies; Sensational Brain

February 2025 Is it sensory or is it behavior? Parts 1-4; Medbridge

- Topics included: Sensory Based Behaviors, Communication-Based Behaviors, Analyzing Behaviors, and creating a plan for intervention
- 1.5 contact hours / part, 6 contact hours in total

December 2024 Healthcare Provider CPR Training; Family Health West

- Certified since 2004

November 2024 An Executive Functioning View of Poor Impulse Control, Motivation, and Self-Regulation; Sensational Brain

November 2024 Level I Fieldwork Supervision, Colorado Mesa University

April 2024 Microcurrent Therapy for Myofascial Pain, Frequencies that Mend

- 2-day course through Frequencies that Mend
- 14 contact hours

April 2024 Frequency Specific Microcurrent Probe Technique, Core Health Strategies

- Trained in microcurrent probe use, with focus on technique for neuro-muscular rehab for ocular motor control.
- 6 contact hours

December 2023 Level II Fieldwork Supervision, Colorado Mesa University

August 2023 SOS Feeding Certification, SOS Approach to Feeding

- Trained and certified in the use of the Sequential-Oral-Sensory Approach to treating disordered feeding.
- 3-day course, 33.5 contact hours

December 2022 Level I Fieldwork Supervision, Colorado Mesa University

July 2021 ESDM Introductory Workshop, UC Davis Extension

- Trained in the use of the Early Start Denver Model approach to treatment of Autistic children between the ages of 12-48 months
- 8.75 contact hours

October 2020 Reliable Scoring of the CVI Range, Perkins School for the Blind

- Trained and received micro-credentialing in recognition and treatment of Cortical Visual Impairment
- 25 contact hours

February 2020	<p>Certificate in Ayers Sensory Integration (C-ASI):</p> <ul style="list-style-type: none"> Completed all 6 modules in the certificate program from “The Collaborative for Leadership in Ayers Sensory Integration” (CL-ASI) 30 contact hours / module, 180 contact hours in total Received my Certificate in Ayers Sensory Integration or C-ASI.
March 2019	<p>Vision Processing & Therapy: Collaborative Approaches for Individuals with Sensory Processing Disorders, ADHD, Autism, TBI, & Other Special Populations.</p> <ul style="list-style-type: none"> 6 contact hours
March 2019	<p>Advanced Microcurrent Masters Class: Focus on the Brain & Spine</p> <ul style="list-style-type: none"> 16-hour course through Frequencies that Mend & Comprehensive Myofascial Therapy Associates
Feb 2019	<p>Dyslexia, Dyscalculia, & Dysgraphia</p> <ul style="list-style-type: none"> 6-hour course through Pesi Rehab with focus on identifying and treating dyslexia, dyscalculia, & dysgraphia.
Aug 2018	<p>Microcurrent and Manual Therapy Masters Class</p> <ul style="list-style-type: none"> 1-day course through Frequencies that Mend 7-contact hours
Aug 2018	<p>Microcurrent Therapy for Myofascial Pain</p> <ul style="list-style-type: none"> 2-day course through Frequencies that Mend 14 contact hours
May 2018	<p>Smart but Scattered: Executive Function at Home and at School.</p> <ul style="list-style-type: none"> 6 contact hour course through Pesi Rehab with focus on enhancing executive function skills in children
Dec 2017	<p>Spinal Cord Injury: The Basics—The Heart—The Passion</p> <ul style="list-style-type: none"> 6.5-hour course through Craig Rehabilitation Hospital
Sept 2017	<p>Healthcare Provider CPR Training; St. Mary’s Hospital</p> <ul style="list-style-type: none"> Certified since 2004
Aug 2017	<p>Active Myofascial Treatment Techniques: A Functional Approach</p> <ul style="list-style-type: none"> 2-day course through Comprehensive Myofascial Therapy Associates 14 contact hours
April 2017	<p>Microcurrent Therapy for Myofascial Pain: An Orthopedic Perspective</p> <ul style="list-style-type: none"> 2-day course through Comprehensive Myofascial Therapy Associates 16 contact hours
Aug 2017	<p>The Sinister Spine & Microcurrent Therapy for Myofascial Pain</p> <ul style="list-style-type: none"> 2-day course through Comprehensive Myofascial Therapy Associates 14 contact hours
Feb 2016	<p>Certified Interpreter through Alta Language Services</p> <ul style="list-style-type: none"> Certified as a Level 1 interpreter through testing via Alta Language Services Level 1 indicates proficiency in Spanish for my own practice area & for background/demographic information.
Aug 2015	<p>STAR Cancer Rehab Program Certification</p> <ul style="list-style-type: none"> Completed 15 online modules to become certified in Cancer Rehabilitation 30 contact hours
Aug 2015	<p>Functional Approach to Proprioceptive Neuromuscular Facilitation</p> <ul style="list-style-type: none"> 3-day (28 contact hour) course through Institute of Physical Art
Nov 2011	<p>Core First Strategies (then known as Back Education & Training)</p> <ul style="list-style-type: none"> 2.5-day (20 contact hour) course through Institute of Physical Art
June 2010	<p>Medical Interpreter Training</p>

- 40 hours of training including ethics & logistics of interpretation and review of medical terminology in Spanish.

Nov 2009	Frequency Specific Microcurrent Core Seminar with Carolyn McMakin, MA, DC <ul style="list-style-type: none">• 2-day (16 contact hour) course
Oct 2008	Functional Orthopedics 1: A Biomechanical Approach to Soft Tissue Mobilization <ul style="list-style-type: none">• 3.5-day course (30 contact hours) through Institute of Physical Art
Feb 2006	3-month OT fieldwork internship in San Juan, Puerto Rico <ul style="list-style-type: none">• 480-hour, unpaid internship at Health South Rehab in San Juan, Puerto Rico• Evaluated, treated, and documented in Spanish under the supervision of an OTR.
Oct 2004	Neuro-developmental Treatment (NDT) Workshop with Jan Davis; Fort Collins, CO <ul style="list-style-type: none">• 15 contact hours including lecture, demonstrations and practical lab work• Focus of seminar: Functional recovery after stroke